

CLIENT ASSESSMENT FORM

Today's Date: _____

Date of Birth: _____

Name: _____

Relation to EAP eligible employee: ☐ Self ☐ Spouse ☐ Dependent ☐ Parent ☐ Other

Address: _____

City: _____ State: _____ Zip: _____

Cell #: _____ Email: _____

Where do you work: _____ Position: _____

Where does the eligible EAP employee work: _____

PRESENTING PROBLEM

Check all that apply:

- | | | | |
|---------------------------------------------|----------------------------------------------|---------------------------------------------|--------------------------------------------------------|
| <input type="checkbox"/> Alcohol Use | <input type="checkbox"/> Anger | <input type="checkbox"/> Anxiety/Worrying | <input type="checkbox"/> Child/Adult Trauma |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Difficulty Sleeping | <input type="checkbox"/> Drug use | <input type="checkbox"/> Eating habits |
| <input type="checkbox"/> Financial problems | <input type="checkbox"/> Gambling | <input type="checkbox"/> Harassment/Threats | <input type="checkbox"/> Housing or food insecurity |
| <input type="checkbox"/> Lack of Support | <input type="checkbox"/> Legal Problems | <input type="checkbox"/> Family conflict | <input type="checkbox"/> Pain |
| <input type="checkbox"/> Physical Health | <input type="checkbox"/> Self-esteem | <input type="checkbox"/> Time Management | <input type="checkbox"/> Violence/Abuse |
| <input type="checkbox"/> Grief | <input type="checkbox"/> Workplace concerns | <input type="checkbox"/> Parenting | <input type="checkbox"/> Relationship/Marital Problems |
| <input type="checkbox"/> Other: _____ | | | |

What are the goals you wish to accomplish in counseling? _____

Have you missed work because of your concern? ☐ Yes ☐ No How many days? _____

Have you ever been in counseling before? ☐ Yes ☐ No

If so, where, and when? _____

How satisfied are you with your life currently? ☐ 5 ☐ 4 ☐ 3 ☐ 2 ☐ 1 (5 is very, 1 is not at all)

How satisfied are you with your work currently? ☐ 5 ☐ 4 ☐ 3 ☐ 2 ☐ 1 (5 is very, 1 is not at all)

Are you currently seeing a Primary Care Physician/NP/PA? ☐Yes ☐No Who? _____

Are you currently seeing a psychiatrist/psych NP? ☐Yes ☐No Who? _____

Do you have health insurance? ☐Yes ☐No

If yes, what type of health insurance do you have? _____

Are you currently taking any psychiatric medications? ☐Yes ☐No

If so, what? _____

Are you currently taking any medications for medical reasons? ☐Yes ☐No

If so, what? _____

Names, ages, and relationship of those who live with you:

_____	_____
_____	_____
_____	_____
_____	_____

Do you feel safe at home? ☐Yes ☐No Do you feel safe in your current relationship? ☐Yes ☐No

Have you or an immediate family member served in the military? ☐Yes ☐No

If yes, which branch and dates of service: _____

Please list name and telephone # of emergency contact person: _____